

# Western Mountains District UWF leadership team

#### **President:** Janet Ulrich **Vice President:** Tammy Wieweck Secretary: Ann Lindsey **Treasurer:** Sandra Balliet **Newsletter Editor:** Cathy Speich-Ferguson **Program Resources:** Leslie Heppe **Spiritual Growth** Cyndi Baril **Mission Ed & Action:** Linda Anderson **Nominations:** Arlis Vannett

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# GLOWING ENDERS

# Fall 2022 Newsletter Western Mountains District - Mountain Sky Conference

#### JANET'S JINGLES

About a month ago, we sent out a plea to all Western Mountains District units to help us find nominees for the coming district leadership team. To date, the response has been minimal. I cannot be the leadership team by myself.

We need at least one nominee each from Bozeman, Great Falls, Helena, and Missoula. We do think we have at least one nominee from Missoula. Nominees from other units would be very nice as well! Positions open include: vice president, secretary, treasurer, program resources, spiritual growth, education and action, and the committee on nominations. Some of these positions are one-year terms, while the remaining positions are two year terms.

We plan to have our retreat at Fairmont Hot Springs in March! It you would like to help plan this retreat, volunteer to be a new officer! Right now, I am not going to be too strict about tenure. We just need to fill these positions! So, if you have been a district officer, don't worry about not having tenure – just volunteer!

Our District Annual Gathering will be in November, by Zoom. We do hope to have next fall's meeting in person. This may depend on how the Fairmont retreat goes. So, we hope to see your smiling faces on Zoom in November! Invite someone to share your Zoom screen with you!

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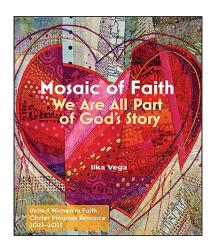
# **Notes from our Secretary**

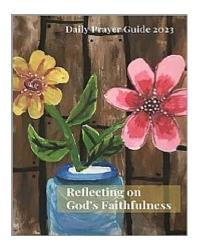


RESOURCES available on-line aUWFaith.org

Order the special bundle and save:
Bundle includes the digital 2022-2023 Program Resource, the
Daily Prayer Guide (calendar) and the Mission u Study (Adult).
The later two will ship in November.

CONNECT—the national newsletter is available on-line. Sign up at the national website. Unitedwomeninfaith.org







Discover inspiring podcasts and webinars that will stir your soul and explore how the love in action changes the world with every episode. Subscribe to the podcasts on your favorite platform( Google Podcasts, Apple Podcasts, Spreaker, Castbox or Spotify)

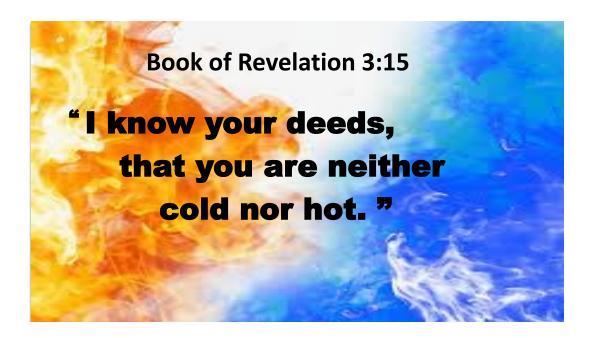
"Faith Talks" "Response" "Voices From the Field"







#### **Education and Action**



How has your connection with United Women in Faith kept your faith "HOT" instead of lukewarm?

"Stir the Pot --Keep it Hot!"



Love in Action can change the world!!

## **Nominating Committee**

There are vacant positions to fill on the nominating committee. Please contact Arlis Vannett at <a href="mailto:arlis\_v@hotmail.com">arlis\_v@hotmail.com</a> if you are willing to be on the nominations committee. Also needed are the positions of Western Mountains District vice president, secretary, treasurer, program resources, spiritual growth, and education.

# Spiritual and Membership

#### SOUL Care Retreats fill our souls and grow our sisterhood.

We asked more than 24,000 women across the United Methodist Church what was most important to them and what they are seeking. One of the most resounding answers was the need for soul care. And so, a new and nourishing event was born.

SOUL Care events focus on nurturing your mind, body and spirit while deepening your faith through spiritual practice and creating bonds of sisterhood.

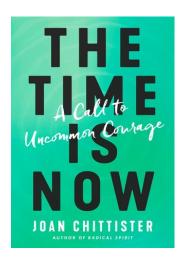
For more information about SOUL Care, contact UWFaith at SOULcare@uwfaith.org

# Reading Program

The Missoula First UWF book group met this month to discuss "The Time is Now: A Call to Uncommon Courage" by Sister Jean Chittister. Although members of our group have found valuable lessons from other books from this author, this book didn't speak to all of us. The author continually repeated her purpose was for us to become prophets.

Today, I found a review of the book and a website that has piqued my curiosity: "SPIRITUALITY and PRACTICE: Resources for Spiritual Journeys" It left me curious enough to revisit the site. I'm also curious about the experience of others who follow this author.

Laurie Ball



## **Featured Units**

# **Missoula First UWF**

Missoula First UMC held a very successful Birthday Bash. Members were treated to balloons, seasonal decorations and were invited to sit at one of four tables that celebrated the month of their birthday, Winter, Spring, Summer or Fall. Using the Bible verse and theme, "Who Do You Say That I am?" attendees answered a birthday quiz of questions such as: When is your Birthday, where were you born, any special story about your birth? Following the program everyone enjoyed Birthday cupcakes, ice cream and exchanging white elephant gifts they had been asked to bring. It was such a hit that the unit is planning to repeat next year.







# **Dillon Grace UWF**

Members of Grace Quilters, a subdivision of Dillon Grace UWF, are busy and industrious seamstresses. Since their beginning, over 700 lap quilts have been made by these ladies. The quilts are blessed at Sunday services and then donated to our local hospital to be given to patients. Sometimes a quilt is given to a church member or friend who is struggling through a low time in their life.

# **Featured Units**

## St. Paul's United Women in Faith

#### **AYARD SALE WITH SPECIAL SUCCESS!**

On August 5 & 6, 2022 the ladies of St. Paul's United Women in Faith, Helena, had their annual Yard Sale. We were so happy to be back in the church building after two years of utilizing a member's garage. Church members donate items for us to sell to the community. We price everything real low and we consider this our gift to the community. We are told we have the best sale in town and the very best book sale in town.

It was amazing this year all the "Mission" work that happened during those two days. We start out by giving all the flower vases that are donated to the Westmont Flower Shop. This is the place where mentally challenged folks work and create beautiful floral arrangements. They are always grateful. Then we always invite families from Family Promise and the Friendship Center to come and shop for free.

This year a couple amazing things happened. An older gentleman was checking out with his few items and was listening about how all our proceeds go to help women, youth, and children. He quietly left and then returned with a hand full of coins and bills and said "Add this to your money box and thank you". We are always surprised at how many people won't take their change because they know what we do. The next amazing thing happened when a couple checking out would need to go outside and get their money. When asked if they lived nearby, they said, "Yes, right out there on the street." At that moment the lady who had checked out before them handed the clerk enough money to cover their purchases. We provided that opportunity for her to be in "Mission". Kathi Cates, our sales clerk, then went and picked out things that a homeless person could use and gave it all to them at no cost.

Towards the end of the day a woman comes in shopping for items to fill her daughters first apartment. All items are now half-price but she still could not afford to buy what she wanted. We decided to let her pick out anything she wanted at no charge. Between hugs and tears she said she would stay and help us pack up, which is a big job at the end of the day. She did help and said she would remember this day the rest of her life.

We know that there were other amazing "mission" works happening in those couple days.

It's not always the money earned that counts, the process is just as amazing.

Claudia Davis, St. Paul's UWFaith Treasurer



# **Western Mountains District Meeting**

Hi there: You are invited to a Zoom meeting.

When: Nov 12, 2022 08:30 AM Mountain Time (US and Canada) Zoom opens at 8:30am for visiting and meeting starts at 9:00am.

# Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/ tZcscO2or-jIrG9EezF1bOFR7fnphCW8p45Zw

After registering, you will receive a confirmation email containing information about joining the meeting.

Claudia Davis

# **SILENT AUCTION FUN at District Meeting:**

Last year's silent auction fundraiser during the district meeting was so much fun that it's happening again this year. Hurry Hurry Hurry— Get your silent auction ready for this great event. Let Cathy and Arlis know what you are donating. Please supply a description of the item(s), suggested starting bid per item, and a photograph of the item(s). They will put the items into a power point program for screen sharing during the auction. And don't forget to save your pennies, nickels, dimes, quarters and more so you too can own a very special item. Item may be handmade or from a store. Suggestions for silent auctions items include but not limited to home baked goodies like cookies, handmade items like hats, scarves, etc., books, gloves, candy, etc. Use your imagination. But remember, keep it light because you will pay the postage

to mail the item to the winner.

# SAVE THE DATE

Western Mountains District Meeting: Nov. 12, 2021 Virtual viz zoom. Silent Auction. Zoom opens at 8:30am with meeting at 9:00am See registration link on page 7

Mission U Feb. 5, 12, 19 and 26, 2023 2:00 pm to 4:30pm. Virtual via zoom. "Who Can We Be Together"

Women's Spiritual Retreat: March, 2023 In person at Fairmont Hot Springs, Montana Watch for more details to come.

# MISSION u: Who Can We Be Together February, 2023

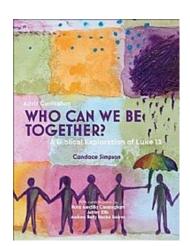
A biblical exploration of Luke 13 brings participants deeper into Jesus' teachings to explore what it means to be in community. As the author notes, "For followers of Christ 2,000 years later, it's important for us to sit with the range of emotions we have in response to these words. It's not easy to build and sustain communities, especially when there are forces that drain us, exhaust us, and even push us to act uncharacteristically. And yet, we are called to act on the most ethical principles of our faith so we can witness the kin-dom of God on earth."

At the end of the Luke13 study, our hope is that participants will leave with a bigger and broader vision of the kind of community Christ is calling us to be in times of loss, grief and massive disruption. What would be possible if we tend to the needs of our communities in small and often disruptive ways as Jesus did in Luke 13? May we do so with the faith that a multitude of small actions, like seeds, can activate a community's healing and renewal

#### Pastor Charlene Elliot to Lead "Who Can We Be Together in Feb. 2023



Rev. Char Elliot attended Illiff school of Theology, graduated with Master's of Arts in Religion in 1998. During her ministry, she has served aa Christian Education Minister at Sunrise UMC in Colorado Springs for 16 yrs. She also has served in the area of Christian Education at Highlands UMC and Washington Parks UMC in Denver. Char retired in 2015 and lives in Colorado Springs with husband, Fred Schneider



# Mtn Sky Conference Communications & News

## Mission u—Future Building

If you know folks who would be interested in serving on the Mission u planning team, we are looking for people adept at technology, Zoom, in particular. Also, anyone interested in developing leadership skills. We will continue to need study leaders and candidates for Mission u positions. So please pass along those who might be interested or just need to be invited!

Contact Kathryn Witte or Belinda Alkula if interested.

# Mtn Sky Conference News



## Find United Women in Faith Online

# United Women in Faith Website: uwfaith.org

This is our primary website. Here you will find the latest news and information about United Women in Faith programs, initiatives, and events. It's where you connect with other members and get involved. You'll also find links to our many resources and the e-store.

Downloads: umwmissionresources.org

Find new brand elements, member materials, programs, and catalogs here.

# Online Community:

uwfaith.mn.co

Connect with United Women in Faith members on Mighty Networks, a safe and secure online space to deepen our community and engage digital resources for local programming and transformative education. The platform features the digital Program Resource, Prayer Guide, Mission u curricula, online groups around specific interests, and more.

#### Facebook:

#### facebook.com/uwomenfaith

If you're on Facebook, be sure to "like" United Women in Faith. Follow the link and sign up so that our regular posts will appear on your home page.

#### **Twitter:**

#### twitter.com/uwomenfaith

Do you tweet? So does United Women in Faith! Use the link to find our Twitter account @uwomenfaith. Follow us, tweet with us, and become a part of the continuing conversation around faith, hope, and love in action.

#### YouTube:

#### youtube.com/uwomenfaith

Need a video for a presentation? You'll find it on YouTube. Check out the video resources available by following the link. New videos are posted often!

#### **Flicker**

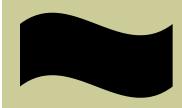
## uwfaith.org/flickr

Need a photo for your newsletter or PowerPoint? Follow this link and you'll find terrific images illustrating the work of United Women in Faith members.

# **HOLY HILARITY**

# GLOWING EMBERS

Western Mountains
District
Mountain Sky
Conference 2022
Fall Newsletter



Do you have news articles, events or photos you would like to submit for the newsletter? If so, you may email your information to:

cathysf@bresnan.net

Holy Hilarity reprinted with permission from the Joyful Noiseletter





#### Thank You God for

... the mess to clear up after a party, because it means I have been surrounded by friends.

. .. a lawn that needs mowing, windows that need cleaning, and gutters that need fixing, because it means I have a home.

...the taxes I pay, because it means I have an income.

...the lady behind me in church who sings off key, because it means I can hear.

... the alarm that goes off in the morning, because it means that I'm alive.

...getting too much e-mail, because I have friends who are thinking of me."

via Rev. Felix A. Lorenz,
 Jr. Northville, MI

#### UNITED WOMEN IN FAITH

The organized unit of United Women in Faith shall be a community of women whose purpose is to know God and experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.