



United
Women
In Faith

**Western Mountains District
UWF leadership team**

President:

Janet Ulrich

Vice President:

Secretary:

Ann Lindsay

Treasurer:

Sandra Balliet

Newsletter Editor:

Cathy Speich-
Ferguson

Program Resources:

Spiritual Growth

Tish Herries

Mission Ed & Action:

Lynda Anderson

Nominations:

Contents

| | |
|--------------------------------|--------|
| President's Message | 1 |
| Treasury report | 2 |
| Ed. & Action | 3 |
| Spiritual and membership | 2 |
| Book Review | 4 |
| District meetings | 5 |
| Love Quotes From the Bible | 6 |
| Conf. News | 7 |
| Save the Date Holy Hilarity | 8 9 |

GLOWING EMBERS

Spring 2023 Newsletter Western Mountains District - Mountain Sky Conference

JANET'S JINGLES

Janet Ulrich, Western Mountains District President

bluejaytree5881@gmail.com

Not Quite Back to Normal

The Western Mountains District Leadership Team held it's winter meeting January 28th, in Missoula. The meeting was planned to be an "in person" meeting. But we were not quite back to normal yet! (Do we remember what "normal" was?)

I drove to Missoula on Friday, between snow storms, which worked out fine for me! However, several members planned to drive to Missoula Saturday morning. That didn't work out, due to blowing snow and other weather conditions! So we set up a Zoom link and connected with members of the team that way! That worked out fine, as we even ended the meeting earlier than planned, and I got to drive back to Kalispell in complete daylight!

We have postponed our retreat at Fairmont for another year. Across the Conference, there is still a bit of reluctance to meet in person. We hope this will resolve itself by 2024. The Conference United Women in Faith, is planning a Zoom retreat during 2023. Watch for more information about this!

We are planning a hybrid Spring meeting for late April. The topic may be around climate justice and/or native American heritage. We are firming up the location and theme! We are hoping for good weather, but planning for a Zoom option. So, watch for more information about this as well!

We are still in search of additional officers for the District team. Please consider volunteering for one of the open positions! There is training available!

I have received several unit reports, and am still accepting them, with plans to hand out certificates at the Spring District meeting! Hope to see all of you at the Spring District meeting, either in person or by Zoom!

Janet Ulrich, President

Spiritual and Membership Report

TURN IT UP !

Having been Spiritual Growth and Membership Coordinator for both my local unit and for the legacy Yellowstone Conference, I volunteered to fill this position for the current district leadership team. If your unit is anything like mine at Missoula First UMC, you may be struggling with a drop in meeting attendance since the beginning of COVID, and perhaps finding a lack of warm bodies to carry on with your UWF tasks. To build up your unit, I suggest you promote these 7-Ups: Wake up, Get up, Dress up, Gear up, Show up, Speak up, Turn It Up! Last year our national president 'Ainise 'Isama'u challenged us to "Turn It Up" by adding two new members by January 2023. How did you do? Did you know there is an "Excite and Invite" recruitment tool provided by UWF on line? Turn it up! Let me know how you are doing. Praying for every unit. Isaiah 41:10" Do not fear, for I am with you, do not be afraid for I am your God; I will strengthen you, I will help you, I will uphold you with my victorious right hand."

Grace and peace, Tish Herries, tishsafron@gmail.com

Western Mountains District Treasure's Report

Year End Report for 2022:

Total Giving received for the year: \$33,211.84

Total budget for the year: \$30,000

Breakdown:

Mission Pledges: \$24,800

Gift in memory: \$660.00

World Thank offering: \$2,537.65

Blackfoot: \$375.00

Intermountain: \$100.00

Gift in Mission: \$205.00

Special recognition Pins: \$400.00

Call to Prayer: \$946.50

Legacy Fund: \$1987.69

Other: \$200.00

Submitted by: Sandy Balliet

burbursl@gmail.com

Mission Today and Honor Units

The following units achieved Mission Today and Honor Unit Stars!

Bozeman 5, Kalispell Epworth 5, Mission Valley 5, St. Paul's 5, GF Christ 4, Missoula 1st 4, GF First 3, Polson UMW 2, Salmon 2, Stevensville 2, Boulder 1, UM-AB Hamilton 1, Helena Covenant 1, and Missoula Grace 1

Education and Action

Voices From the Field

If you are interested in learning about missionaries and their work all over the world go to VoicesfromField@uwfaith.org and sign-up. Each one last around 60 – 90 minutes. Recent topics have been about efforts in Ukraine, South America, and Africa. Once you registered for your first event, the program managers automatically send you the registration information for the next one about a month prior to the event. They also email you a reminder a week before and another one the day before.

Just Energy 4All Working Group

Description:

Who should attend? All those working on Just energy for All at any level of United Women in Faith members and friends are invited.

What is the meeting for? The Just Energy for All Working Group will meet monthly to receive updates from the national office and plan and execute actions at the national and local level. It will be a time to share best practices, engage in peer coaching, deepen connections with Just Energy for All, and expand the work of climate justice among United Women in Faith members.

Please reach out to climatejustice@uwfaith.org with any questions, potential topics or to register to attend meetings,

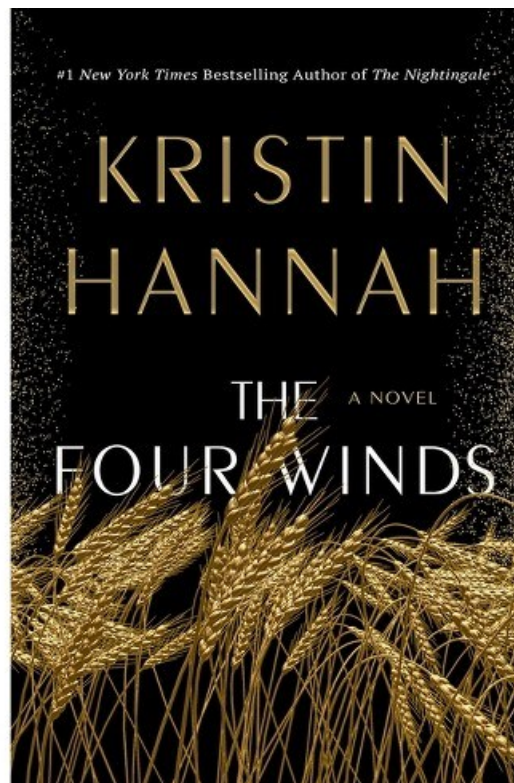


BOOK REVIEW

“The Four Winds”, by Kristin Hannah
(Reviewed by Janet Ulrich)

With not as many of us having lived through the Great Depression, this novel gives us a glimpse into what it was like during that time in our nation’s history. The book’s main character is Elsa Wolcott. She lives through dust storms, drought, floods even. She heads west to find a better life. We see the realities that divided our nation, as well as the battle between the haves and have-nots.

Epworth United Women in Faith’s (UWF) book club read and discussed this book in the fall of 2022. It falls in the category of Social Action in the 2023 Reading Program. If you would like to be part of this book club, we meet by Zoom usually on the fourth Monday of the month, at 4:00. Contact Janet Ulrich for more information. If this time does not work for you, the conference UWF has several other book clubs meeting at various times.



Western Mtns District Meetings

SPRING DISTRICT MEETING

Date: Saturday, April 22, 2023

Location: Mission Valley Untied Methodist Church,
70715 US-93, St Ignatius, MT

FALL DISTRICT MEETING

Date: Saturday, September 30, 2023

Location: Covenant United Methodist Church
2330 E Broadway St, Helena, MT 59601
Hosted by St. Paul's UWF

Watch for the registration information and details to come.

Come Rejoice in the Lord and fellowship with us!

Nominating Committee

There are vacant positions on our leadership team. They are: treasurer, secretary, program resources, and committee on nominations. Please contact Janet Ulrich at bluejaytree5881@gmail.com if you are willing to serve in one of these positions.

Annual day of Giving March 23

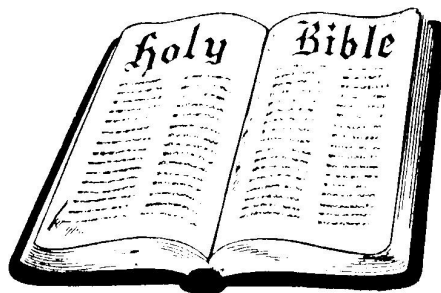
On March 23, United Women in Faith's annual "Day of Giving," we celebrate and honor the vision of our foremothers by giving to The Legacy Endowment Fund. Together, our gifts help carry forward the work those women began for the benefit of future generations of women, children, and youth. The theme for this year's Day of Giving is "The Future is Now," and the first \$100,000 in gifts will be matched by the Scranton Women's Leadership Center. You are invited to join us at the Virtual Facebook event on March 23 and to celebrate the 154th anniversary by giving to The Legacy Endowment Fund. For more information, visit uwfaith.org/dayofgiving or contact legacy150@uwfaith.org.

LOVE QUOTES

From the Bible
A Perfect Ten

1. replied: "Love the Lord your God with all your heart and with all your soul and with all your mind." This is the first and greatest commandment. And the second is like it: "Love your neighbor as yourself." Matthew 22: 37-39
2. We love because he first loved us. I John 4:19
3. For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. Mark 3:16
4. For God gave us a spirit not of fear but of power and love and self-control. 2 Timothy 1:7
5. And hope does not disappoint us, because God had poured out his love into our hearts by the Holy Spirit, whom he has given us. Romans 5:5
6. And now these three remain: faith, hope and love. But the greatest of these is love. First Corinthians 13:13
7. The fruit of the spirit is love, joy, peace, patience, kindness, gentleness, and self-control. Galatians 5:22-23
8. And above all these put on love, which binds everything together in perfect harmony. Colossians 3:14
9. Dear children, let us not love with words or tongues but with actions and truth. I John 3:18
10. God is love. Whoever lives in love, lives in God, and God in them. I John 4:16

Provided by our Spiritual Growth Coordinator Tish Herries, tishsaffron@gmail.com



Mtn Sky Conference Communications & News

MSC Guided Tour - History Colorado - The Sand Creek Massacre: The Betrayal that Changed Cheyenne and Arapaho People Forever

What: Guided Tour of [*The Sand Creek Massacre: The Betrayal that Changed Cheyenne and Arapaho People Forever*](#)

Location: History Colorado Center at 1200 Broadway, Denver, CO, 80203

When: Saturday, April 29th at 10:00 am

Cost: \$18 to be paid to the Mountain Sky Conference (Please note that while General Admission is \$15 the cost is reflective of the guided tour for the MSC - includes admission to the entire museum and tour.) Participants are welcome to stay as long as they wish and engage with other exhibits.

Registration and payment information will be emailed to those who Sign Up. There is a cap of 20 participants for the guided tour and participants will be determined through the order of [Sign Up](#). If there is a high level of interest, we will make sure to schedule additional opportunities.

Questions? Please contact Rev. Bich Thy (Betty) Nguyen at bnguyen@mtnskyumc.org.



Western Jurisdiction Quadrennial Meeting

**United Women in Faith
Western Jurisdiction
Quadrennial Meeting
May 8-11, 2024 Anchorage, Alaska**

Captain Cook Hotel

Watch for more information coming!

<https://www.wjumw.com/>



SAVE THE DATE

- **March 23:** UWF annual Day of Giving
-
- **April 22, 2023:** Western Mountains Spring Meeting, Mission Valley UMC
-
- **May 19-20:** Mountain Sky UWF Virtual Spiritual Life Retreat
"Good Bye Worries, Hello Joy"
-
- **June 21-25:** Mountain Sky Annual Conference, Colorado Springs, CO
June 24, Saturday, 71m, Mtn Sky Conf. UWF Breakfast
-
- **June 29th:** Mtn Sky Conference, Guided Tour of The Sand Creek Massacre:
The Betrayal that Changed Cheyenne and Arapaho People Forever History
Colorado Center at 1200 Broadway, Denver, CO, 80203 Cost: \$18
-
- **July 11, 18, : Mission u, virtual, 4 session, Tuesday evenings , 7pm to 9:30pm**
25, & August 1
-
- ♦ **September 10:** Western District UMW's Fall gathering
-
- **September 30:** Western Mountains Spring Meeting, Hosted by St Pauls' UWF
at Covenant UMC, Helena, MT
-
- **Oct 12-14:** Mtn. Sky UWF Annual Gathering, Billings, MT virtual
-
- **March 2024:** Women's Spiritual Retreat: Fairmont Hot Springs, Montana
-
- **May 8-11, 2024:** UWF Western Jurisdiction Quadrennial Meeting, Anchorage, Alaska

2023 Mtn Sky Conference **Special Sundays**

Feb 12 Golden Cross Sunday

March 12 Disabilities Awareness

April 9 Easter

June 11 UMVIM Sunday

Sept 10 Christian Ed

Nov. 12 Rural Life

2023 Mtn Sky Conference **Special Giving Sundays**

Jan 15. Human Relations Day

March 19 UNCOR Sunday

April 23 Native American Ministries Sunday

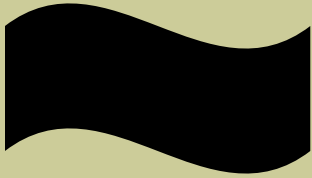
June 4 Peace and Justice Sunday

Oct. 1 World Communion Sunday

Nov. 26 UM Students Day

GLOWING EMBERS

Western Mountains
District
Mountain Sky
Conference 2023
Spring Newsletter



Do you have news articles, events or photos you would like to submit for the newsletter? If so, you may email your information to:
cathysf@bresnan.net



HOLY HILARITY



S.M.I.L.E

Holy Hilarity reprinted
with permission from
the *Joyful Noiseletter*



So technically Moses was the
first man to download files
from the cloud using a tablet.



The CARTOON KRONICLES

Sign outside Calvary Baptist Church, Dedham, MA:

"TGIF. Thank God I'm forgiven."

– via Rev. Harry Mahoney
Dedham, M

UNITED WOMEN OF FAITH

The organized unit of United Women of Faith shall be a community of women whose purpose is to know God and experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.